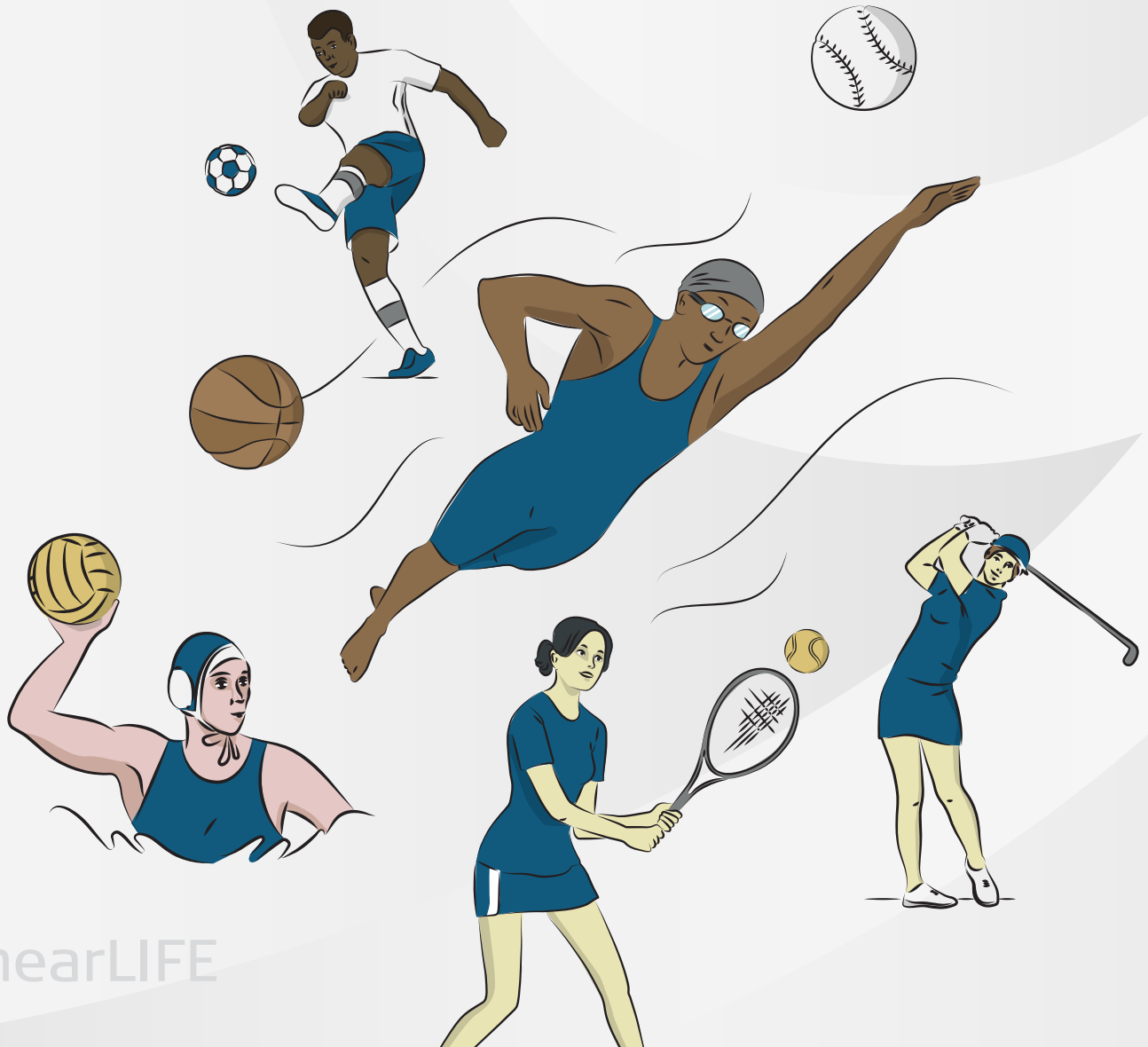


# Adult Rehabilitation Kits

## SPORTS - BALL SPORTS



# Learn About the Adult Rehabilitation Kits

## Session Plan

Includes Level 1 and Level 2

### 4. Ball Sports

- Q&A
- Making Money
- Staying on Track

We would like these rehabilitation kits to help as many people as possible, so the Adult Rehabilitation Kits may be shared openly for fair usage. However, MED-EL retains full rights to the material, so the content may not be altered, rebranded, or repurposed for commercial use.

# Learn About The Session Plans



indicates *auditory training* goals






indicates *auditory and cognitive processing* goals



indicates *integrating hearing into lifestyle* goals

Note: This Adult Rehabilitation Kit is for a new listener or a listener developing confidence with their hearing technology. If you are unsure where to start, simply begin at Level 1. All recipients will benefit from all activities, even if they seem simple at first. This helps build listening endurance and confidence.

## How to choose a level

			
<b>Level 1</b>	<p>The recipient is learning to discriminate words of differing syllable number.</p> <p>The recipient is learning to understand words when they are at the end of a sentence and when they have differing acoustic characteristics.</p>	<p>The recipient needs support with activities which involve aspects of auditory and cognitive processing. Auditory memory tasks are challenging.</p>	<p>The recipient is working along their journey to life using a hearing implant and is developing confidence in communicating in their wider world.</p> <p>Support is needed to develop communication strategies.</p>
<b>Level 2</b>	<p>The recipient is learning to discriminate words of the same syllable number with differing acoustic characteristics.</p> <p>The recipient is learning to understand words when they are in multiple places in a sentence and when they have similar acoustic characteristics.</p>	<p>The recipient can complete some activities which involve auditory and cognitive processing.</p>	

# Tips

This material is suitable for recipients who have had their hearing device fitted or cochlear implant processor switched on for a period of two weeks or more.

Check the recipient's hearing at the beginning of every rehabilitation session using the Ling Six Sound Test.

- Find a strategy for giving the recipient instructions for each activity. You might need to write the instructions down or you can use the instructions on these pages and point to the words as you read them.
- Ensure that the recipient understands all the information that is provided throughout the session. For example, if you speak to another family member, ensure that the recipient can access what was said. It may be necessary to write it down. It is important for the recipient to be included and valued as a participant in all discussions throughout the session.
- It is often helpful to do a trial of each activity together to ensure the recipient knows what they are required to do. Building confidence in recipients is important. Remember that activities that are easy are still useful to build confidence and increase listening endurance. Do not rush to harder activities.
- When using paper or a hand to limit visual access, be sure a good auditory signal is received. Ensure the sound is not muffled by the screen.
- Remember that the activities can be tiring for the recipient. Ensure there are some breaks between activities when the recipient can relax (e.g., getting a drink of water, stretching) before beginning the next activity.
- For Hearing Lifestyle activities, easy access to information is recommended. This can be achieved by allowing access to lip-reading or by reading the information.

Present activities	
1. LISTEN	Auditory alone (use a screen over the mouth)
2. LISTEN LOOK	Auditory-visual (allow lip-reading)
3. LISTEN LOOK READ	Auditory-visual + written word (allow lip-reading and reading the text)




Easier  Harder

CHOICES	
Small number of choices	Large number of choices
Answer alone	Carrier phrase with answer at the end, then in the middle
PRESENTATION	
Auditory-visual (lip-reading, reading the text)	Auditory-alone
Clear speech (slightly slower, well articulated)	Natural speech
Cue <i>ready</i> or <i>listen</i>	No cues
Close	At distance
In quiet	With background noise
CONTENT	
Common vocabulary and ideas	Unfamiliar or advanced vocabulary and ideas
Topic known	Topic unknown
Read through and practise before beginning	No read through or practise
Words with different syllable numbers Words with large sound differences	Words with same syllable number Words with smaller sound differences

Date: .....

Name: ..... Time Post-Implant: .....

ACTIVITY	GOALS						
6 sounds:	left	ah	oo	ee	sh	s	m
	right	ah	oo	ee	sh	s	m

		
<p><b>Q&amp;A</b></p> <p><b>Level 1:</b></p> <ul style="list-style-type: none"> <li>Identifies one- to two-word answer from semi-closed set</li> </ul> <p><b>RESOURCES</b></p> <ul style="list-style-type: none"> <li>Speaker page: 7</li> <li>Recipient page: 8</li> </ul> <hr/> <p><b>Level 2:</b></p> <ul style="list-style-type: none"> <li>Identifies short answer from semi-open set</li> </ul> <p><b>RESOURCES</b></p> <ul style="list-style-type: none"> <li>Speaker page: 9</li> <li>Recipient page: 10</li> </ul>	<p><b>MAKING MONEY</b></p> <p><b>Level 1 and 2:</b></p> <ul style="list-style-type: none"> <li>Completes varying activities including identifying sentences of differing lengths and words of differing syllable number</li> </ul> <p><b>RESOURCES</b></p> <ul style="list-style-type: none"> <li>Speaker page: 11</li> <li>Recipient page: 12</li> </ul>	<p><b>STAYING ON TRACK</b></p> <ul style="list-style-type: none"> <li>Practises repair strategies during sentence tracking</li> </ul> <p><b>RESOURCES</b></p> <ul style="list-style-type: none"> <li>Shared pages: 13-14</li> </ul>

## ACTIVITY

# 4. Ball Sports

## Q&amp;A



## EXPECTED OUTCOMES

Level 1:

- Identifies one- to two-word answer from semi-closed set

Level 2:

- Identifies short answer from semi-open set

*There is a list of questions and answers. The recipient has the list of questions with spaces to fill in the answers.*

Level 1:

1. The recipient asks the question (e.g., "In football (soccer), which player can touch the ball?").
2. The speaker gives the answer.
3. The recipient finds the answer from the choices given.
4. The recipient writes down or repeats aloud the answer.

Level 2:

1. The recipient asks the question (e.g., "Which wild card player won Wimbledon?").
2. The speaker gives the answer.
3. The recipient writes down or repeats aloud the answer.

## MAKING MONEY



## EXPECTED OUTCOMES

Level 1 and 2:

- Completes a range of varying activities including identifying sentences of differing lengths and words of differing syllable number

*The aim is to win an agreed amount of money. That amount can vary between 1,000 and 20,000.*

*There is a range of activities. Easier activities win less money, harder activities win more.*

1. Decide together on the amount of money aimed for.
2. The recipient chooses an amount from the grid and completes the relevant activity.  
Keep playing until the recipient has earned the money amount wanted.

**Which Sport?:** the speaker says the sport, and the recipient identifies the correct one from the choice of two. **Fill in the Gap:** the speaker says the sentence, and the recipient fills in the missing word. **Select the Word:** the speaker says the word, and the recipient identifies the correct one from a choice of three. **Sentence Build Up:** the speaker says the sentence, and the recipient identifies the correct one from a choice of three.

## STAYING ON TRACK




## EXPECTED OUTCOMES


- Practises repair strategies during sentence tracking

*This is a connected discourse tracking activity.*

The speaker reads the passage, one sentence at a time. The recipient repeats the sentence. If needed, the recipient uses a repair strategy to facilitate their hearing.


	Q&A
	Speaker Page
	Level 1

In football (soccer), which player can touch the ball?	Goalkeeper
Which sport did Mike Tyson play?	Boxing
Which country has won the most football world cups?	Brazil
How high is a basketball hoop in feet?	10
Where is Novak Djokovic from?	Serbia
Which player dominated golf in the 2000s?	Tiger Woods
How many gold medals did Mark Spitz win for swimming at the 1972 Olympics?	7
The San Siro Stadium is in which Italian city?	Milan


	Q&A
	Recipient Page
	Level 1

In football (soccer), which player can touch the ball?	Goalkeeper, Forward Back
Which sport did Mike Tyson play?	Basketball, Boxing, Golf
Which country has won the most football world cups?	Germany, Brazil, France
How high is a basketball hoop in feet?	6, 10, 35
Where is Novak Djokovic from?	Australia, Finland, Serbia
Which player dominated golf in the 2000s?	Ballesteros, Woods, Jackson
How many gold medals did Mark Spitz win for swimming at the 1972 Olympics?	7, 2, 24
The San Siro Stadium is in which Italian city?	Rome, Sicily, Milan



	Q&A
	Speaker Page
	Level 2

Which wild card player won Wimbledon?	Goran Ivanisevic
How many players are there on an ice hockey team?	6
Which sport did Babe Ruth play?	Baseball
Which major did golfer Rory McIlroy win at the age of 22?	US Open
What is the highest possible break in snooker?	155
Which country did David Beckham captain in football?	England
Which city hosted the 2008 Summer Olympics?	Beijing
Which sport is known as the Sport of Kings?	Horse racing
In which sport is the word 'love' used?	Tennis
In which sport can you score a 'bullseye'?	Darts
Which city hosts the US Open tennis tournament?	New York
How many athletic events form a decathlon?	10
In which country is it a tradition to perform a war dance called a 'haka' before a rugby game?	New Zealand
How many rings form the Olympic logo?	5
Which country does Cristiano Ronaldo play football for?	Portugal
What basketball team did Michael Jordan play for?	Chicago Bulls

	Q&A
	Recipient Page
	Level 2

Which wild card player won Wimbledon?

How many players are there on an ice hockey team?

Which sport did Babe Ruth play?

Which major did golfer Rory McIlroy win at the age of 22?

What is the highest possible break in snooker?

Which country did David Beckham captain in football?

Which city hosted the 2008 Summer Olympics?

Which sport is known as the Sport of Kings?

In which sport is the word 'love' used in scoring?

In which sport can you score a 'bullseye'?

Which city hosts the US Open tennis tournament?


How many athletic events form a decathlon?

In which place is it a tradition to perform a war dance called a 'haka' before a rugby game?


How many rings form the Olympic logo?

Which country does Cristiano Ronaldo play football for?

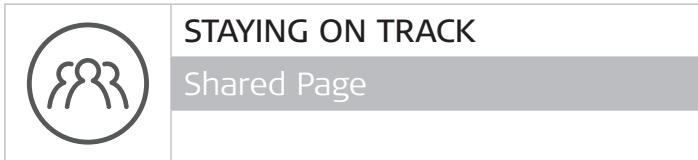
What basketball team did Michael Jordan play for?

	MAKING MONEY
	Speaker Page
	Level 1 and 2

Amount	Which Sport? Choice of two	Fill in the Gap Football (Soccer)	Select the Word Golf	Sentence Build Up Going to the Game
\$500	Ten Pin Bowling	Football was invented in <i>China</i> .	Hole in One	The game is soon.
\$500	Squash	Football is the most played sport on <i>earth</i> .	Ball	The game is soon at four o'clock on Friday.
\$1000	Volleyball	The role of the <i>striker</i> is to score goals.	Eagle	Let's go to the football game tomorrow.
\$1000	Hockey	The first World <i>Cup</i> was played in 1930.	Golf	Let's go to the football game tomorrow after work.
\$2000	Baseball	The Women's World Cup was first held in <i>1991</i> .	Putter	I want to watch golf at twelve.
\$2000	Bowling	The largest football stadium is in <i>North</i> Korea.	Par	I want to watch golf at twelve on Saturday.

	<b>MAKING MONEY</b>
	Recipient Page
	Level 1 and 2

Amount	Which Sport? Choice of two	Fill in the Gap Football (Soccer)	Select the Word Golf	Sentence Build Up Going to the Game
<b>\$500</b>	<ul style="list-style-type: none"> <li>• Ten Pin Bowling</li> <li>• Golf</li> </ul>	Football was invented in .....	<ul style="list-style-type: none"> <li>• Ball</li> <li>• Fairway</li> <li>• Hole in One</li> </ul>	<ul style="list-style-type: none"> <li>• The game is soon.</li> <li>• The game is soon at four o'clock.</li> <li>• The game is soon at four o'clock on Friday.</li> </ul>
<b>\$500</b>	<ul style="list-style-type: none"> <li>• Water Polo</li> <li>• Squash</li> </ul>	Football is the most played sport on .....	<ul style="list-style-type: none"> <li>• Ball</li> <li>• Fairway</li> <li>• Hole in One</li> </ul>	<ul style="list-style-type: none"> <li>• The game is soon.</li> <li>• The game is soon at four o'clock.</li> <li>• The game is soon at four o'clock on Friday.</li> </ul>
<b>\$1000</b>	<ul style="list-style-type: none"> <li>• Baseball</li> <li>• Volleyball</li> </ul>	The role of the ..... is to score goals.	<ul style="list-style-type: none"> <li>• Golf</li> <li>• Eagle</li> <li>• Sand wedge</li> </ul>	<ul style="list-style-type: none"> <li>• Let's go to the football game.</li> <li>• Let's go to the football game tomorrow.</li> <li>• Let's go to the football game tomorrow after work.</li> </ul>
<b>\$1000</b>	<ul style="list-style-type: none"> <li>• Table tennis</li> <li>• Hockey</li> </ul>	The first World ..... was played in 1930.	<ul style="list-style-type: none"> <li>• Golf</li> <li>• Eagle</li> <li>• Sand wedge</li> </ul>	<ul style="list-style-type: none"> <li>• Let's go to the football game.</li> <li>• Let's go to the football game tomorrow.</li> <li>• Let's go to the football game tomorrow after work.</li> </ul>
<b>\$2000</b>	<ul style="list-style-type: none"> <li>• Football</li> <li>• Baseball</li> </ul>	The Women's World Cup was first held in .....	<ul style="list-style-type: none"> <li>• Putt</li> <li>• Putter</li> <li>• Par</li> </ul>	<ul style="list-style-type: none"> <li>• I want to watch golf.</li> <li>• I want to watch golf at twelve.</li> <li>• I want to watch golf at twelve on Saturday.</li> </ul>
<b>\$2000</b>	<ul style="list-style-type: none"> <li>• Bowling</li> <li>• Juggling</li> </ul>	The largest football stadium is in ..... Korea.	<ul style="list-style-type: none"> <li>• Putt</li> <li>• Putter</li> <li>• Par</li> </ul>	<ul style="list-style-type: none"> <li>• I want to watch golf.</li> <li>• I want to watch golf at twelve.</li> <li>• I want to watch golf at twelve on Saturday.</li> </ul>



### The 2004 Greece Football Team

Football is very popular in Greece. However, in 2004 their national team was not picked to do well in the European Football Championship. They started the 2004 European Football Championship with 150/1 odds of winning. This Greek team had never even won a match at a major tournament before.

The team was led by captain Theodoros Zagarakis.

In the first game of the tournament, the team started very well. They beat the host nation Portugal 2-1.

The team then went on to advance all the way to the final. In the final, they had to meet the Portuguese team again. Everyone believed that Portugal would win.

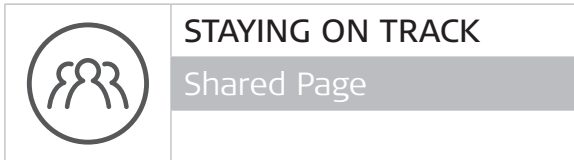
Fifty thousand people attended the game which was held in Portugal.

The game was very exciting. Portugal dominated the game. The Greek goalkeeper saved many goals. One hour into the game, Greece scored after a corner kick was given. The score was now 1-0 to Greece.

Portugal continued to dominate the game but were unable to score a goal.

Greece won the match and were crowned European champions!





Here are some Repair Strategies that can be used when there is a piece of information which was not heard during the passage.

STRATEGY	YOU COULD SAY...
Repetition	<p>Can you say that again a bit slower?</p> <p>Can you say that again a bit clearer?</p> <p>Can you say that again a bit louder?</p>
Revision	<p>Can you make that sentence shorter?</p> <p>Can you make that sentence simpler?</p> <p>Can you break that into two sentences?</p> <p>Can you say that in a different way?</p>
Clarification <i>You can use clarification if you heard part of the sentence</i>	<p>I heard you say _____. I didn't hear _____ (e.g., I heard you say, "We're going to the airport", I didn't hear what time).</p> <p>Using a question (e.g., Where did you say the game is being held?)</p> <p>Using stress on a word (e.g., The blue jeans are on sale?)</p> <p>Asking for specific information (e.g., The spaghetti is what?)</p>
Addition	<p>Can you tell me more about _____? (e.g., Can you tell me more about the movie we are going to?)</p> <p>Can you tell me what you meant by _____? (e.g., Can you tell me what you meant by Laundromat?)</p>
Other Ways to say <i>Pardon</i>	<p>Sorry, I didn't quite catch that sentence.</p> <p>I didn't understand what you said then.</p> <p>I didn't hear that.</p>

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