

Adult Rehabilitation Kits

SPORTS - WHAT'S THE SCORE?



hearLIFE

Learn About the Adult Rehabilitation Kits

Session Plan

Includes Level 1 and Level 2

What's the Score?

- What's Missing
- Into the Matrix
- Interesting Facts

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Learn About The Session Plans



indicates *auditory training* goals



indicates *auditory and cognitive processing* goals



indicates *integrating hearing into lifestyle* goals

Note: This Adult Rehabilitation Kit is for a new listener or a listener developing confidence with their hearing technology. If you are unsure where to start, simply begin at Level 1. All recipients will benefit from all activities, even if they seem simple at first. This helps build listening endurance and confidence.

How to choose a level

Level 1	<p>The recipient is learning to discriminate words of differing syllable number.</p> <p>The recipient is learning to understand words when they are at the end of a sentence and when they have differing acoustic characteristics.</p>	<p>The recipient needs support with activities which involve aspects of auditory and cognitive processing. Auditory memory tasks are challenging.</p>	<p>The recipient is working along their journey to life using a hearing implant and is developing confidence in communicating in their wider world.</p> <p>Support is needed to develop communication strategies.</p>
Level 2	<p>The recipient is learning to discriminate words of the same syllable number with differing acoustic characteristics.</p> <p>The recipient is learning to understand words when they are in multiple places in a sentence and when they have similar acoustic characteristics.</p>	<p>The recipient can complete some activities which involve auditory and cognitive processing.</p>	

Tips

This material is suitable for recipients who have had their hearing device fitted or cochlear implant processor switched on for a period of two weeks or more.

Check the recipient's hearing at the beginning of every rehabilitation session using the Ling Six Sound Test.

- Find a strategy for giving the recipient instructions for each activity. You might need to write the instructions down or you can use the instructions on these pages and point to the words as you read them.
- Ensure that the recipient understands all the information that is provided throughout the session. For example, if you speak to another family member, ensure that the recipient can access what was said. It may be necessary to write it down. It is important for the recipient to be included and valued as a participant in all discussions throughout the session.
- It is often helpful to do a trial of each activity together to ensure the recipient knows what they are required to do. Building confidence in recipients is important. Remember that activities that are easy are still useful to build confidence and increase listening endurance. Do not rush to harder activities.
- When using paper or a hand to limit visual access, be sure a good auditory signal is received. Ensure the sound is not muffled by the screen.
- Remember that the activities can be tiring for the recipient. Ensure there are some breaks between activities when the recipient can relax (e.g., getting a drink of water, stretching) before beginning the next activity.
- For Hearing Lifestyle activities, easy access to information is recommended. This can be achieved by allowing access to lip-reading or by reading the information.

Present activities

1. LISTEN

Auditory alone
(use a screen over the mouth)

2. LISTEN LOOK

Auditory-visual
(allow lip-reading)

3. LISTEN LOOK READ

Auditory-visual + written word
(allow lip-reading and reading the text)




Easier  Harder

CHOICES	
Small number of choices	Large number of choices
Answer alone	Carrier phrase with answer at the end, then in the middle
PRESENTATION	
Auditory-visual (lip-reading, reading the text)	Auditory-alone
Clear speech (slightly slower, well articulated)	Natural speech
Cue <i>ready</i> or <i>listen</i>	No cues
Close	At distance
In quiet	With background noise
CONTENT	
Common vocabulary and ideas	Unfamiliar or advanced vocabulary and ideas
Topic known	Topic unknown
Read through and practise before beginning	No read through or practise
Words with different syllable numbers Words with large sound differences	Words with same syllable number Words with smaller sound differences

Date:

Name: Time Post-Implant:

ACTIVITY	GOALS						
6 sounds:	left	ah	oo	ee	sh	s	m
	right	ah	oo	ee	sh	s	m

		
WHAT'S MISSING Level 1: <ul style="list-style-type: none"> Identifies the last word in a sentence <div> RESOURCES <ul style="list-style-type: none"> Speaker pages: 7-10 Recipient pages: 11-14 </div>	INTO THE MATRIX Level 1: <ul style="list-style-type: none"> Identifies 3 words from matrix of 3 choices <div> RESOURCES <ul style="list-style-type: none"> Speaker page: 23 Recipient page: 24 </div>	INTERESTING FACTS <ul style="list-style-type: none"> Learns about famous athletes with hearing loss <div> RESOURCE <ul style="list-style-type: none"> Shared pages: 27-28 </div>
Level 2: <ul style="list-style-type: none"> Identifies the missing word or words within a sentence <div> RESOURCES <ul style="list-style-type: none"> Speaker pages: 15-18 Recipient pages: 19-22 </div>	Level 2: <ul style="list-style-type: none"> Identifies 5 words from matrix of 5 choices <div> RESOURCES <ul style="list-style-type: none"> Speaker page: 25 Recipient page: 26 </div>	

ACTIVITY

3. What's the Score

WHAT'S MISSING?



EXPECTED OUTCOMES

Level 1:

- Identifies the last word in a sentence

Level 2:

- Identifies the missing word or words within a sentence

To make the exercise easier, you can write the missing words on the Recipient Pages providing a choice.

1. Read the passage one sentence at a time, pausing at the end of each sentence.
2. The recipient writes down or says aloud the missing word(s).
3. If this is too difficult, give the recipient the page with the words written in to follow along.

INTO THE MATRIX



EXPECTED OUTCOMES

Level 1:

- Identifies 3 words from matrix of 3 choices

Level 2:

- Identifies 5 words from matrix of 5 choices

The matrix is a grid with words and pictures from which a range of sentences can be made.

1. Show the recipient the matrix and say the words for each picture.
2. Say a sentence using one word from each column.
3. The recipient repeats the sentence.


INTERESTING FACTS



EXPECTED OUTCOMES

- Learns about famous athletes with hearing loss

These are some fun facts about athletes with hearing loss to help recipients understand that hearing loss is not an unusual condition or barrier to sports.

	WHATS MISSING?
	Speaker Page
	Level 1

THE OLYMPIC GAMES

The modern Olympic Games have both winter and summer **competitions**.

They are held every four **years**. The winter and summer Olympics are two years **apart**.

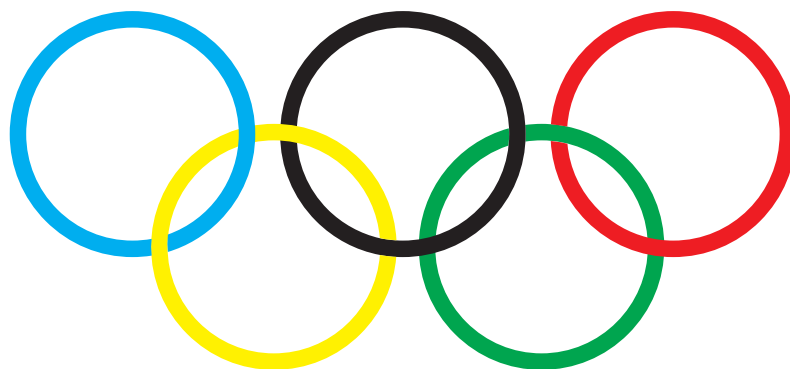
The first modern Olympic Games was in Athens in 189**6**.


Almost every nation on earth is represented at the Olympic **games**.

The Olympic rings are coloured blue, yellow, black, green, and **red**. The symbol was designed in 19**13**. The rings represent five **continents**. It represents the international nature of the Olympic **movement**.

An Olympic medal is given to the **winners**. Gold goes to the winner, silver to second place, and bronze to **third**. But actually, the gold medal is silver, plated with **gold**. The medals have a different design each **games**. They are usually a **circle**.

The United States has hosted the most Olympic games – **eight**. This includes four Summer Olympics and four Winter **Olympics**. Seven cities have hosted the Olympic games more than once, including Athens, London, and **Innsbruck**.



	WHATS MISSING?
	Speaker Page
	Level 1

MAJOR GOLF CHAMPIONSHIPS

The Men's Major Golf Championships is often called The **Majors**.

The Majors is made up of the four most important tournaments in professional **golf**. Three of the four tournaments are held in the United States; one is held in the United **Kingdom**. The four tournaments are The Masters, the US Open, the British Open, and the PGA **Championship**.


The first one of the year is the Masters Tournament which always takes place in Atlanta, **Georgia**. It is held in April each **year**. It was first played in 193**4**. The champion of this event gets a green **jacket**. Tiger Woods has won five **times**.

In July each year, the British Open is played in the United **Kingdom**. It is held at different **courses**. This tournament was first played in 1860 in **Scotland**. Both professional and amateur golfers compete in this **tournament**. The Open is always played on a links golf course on a **coast**. The weather plays a big role at links tournaments, as it is sometimes **windy**. The trophy for this tournament is called the Claret **Jug**.

The money prizes at the Major Championships are the largest in **golf**. Some tournament prizes are over two **million**.

The record for the most men's major championships is held by Jack Nicklaus who has won 18 **times**. He won these between the years 1962 and 198**6**.



	WHATS MISSING?
	Speaker Page
	Level 1

FORMULA ONE

Formula One is the highest class of single seater motor **racing**. It began in 19**50**. It has become the premier form of racing around the **world**.

The Formula One season is a series of races, known as Grand **Prix**. Grand Prix is French for 'great **prize**'. There are two World Championships in these **races**. One is for the driver, and one is for the manufacturer of the **cars**.


Formula One cars are the fastest regulated racing cars in the **world**. They reach speeds of 375 kilometres per hour or 235 miles per **hour**.

There are 21 races in total around the **world**. Most races are held during the **day**. Recently, a small number have been held at night, including the Singapore Grand **Prix**. Most races are held on constructed circuits; five are held on **streets**. The Monaco circuit is very tight and **twisty**. Drivers often say they are concerned during this race for their **safety**.

Michael Schumacher previously held the record for the most Grand Prix **victories**. Michael Schumacher holds the record for the most Grand Prix **victories**. He won 91 **times**. Michael Schumacher is now retired from the sport after a severe skiing **accident**.

Mercedes Benz has been involved in Grand Prix since 19**54**. Mercedes is one of the most successful teams in Formula One **history**. They won every year from 2014 to 20**18**.



	WHATS MISSING?
	Speaker Page
	Level 1

THE ENGLISH PREMIER LEAGUE

The English Premier League (EPL) is the top level of English **football**. It was set up in 1992, after a break away from the Football **League**.

The English Premier League is the most watched sports league in the **world**. It is broadcast to around 650 million **homes**.


It is contested by 20 **clubs**. Only six clubs have won the **title**. The club which has won the most is Manchester **United**. They have won the title 13 times. Each year, three teams are dropped down to the league below, and three teams are promoted to the Premier **League**.

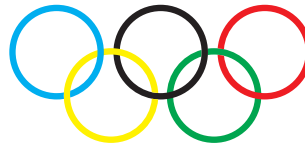
During the 2000s, the league was dominated by four **clubs**. These were called the 'Top **Four**'. They were Arsenal, Chelsea, Liverpool, and Manchester **United**.

One of these clubs won the league every year from 2000-20**11**.

During the season, each club plays the others **twice**. One of these games is at the home stadium and one at the away **stadium**. Teams get three points for a win and one point for a **draw**.



	WHAT'S MISSING?
	Recipient Page
	Level 1



THE OLYMPIC GAMES

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	Speaker Page
	Level 2

THE OLYMPIC GAMES

The modern Olympic Games have both winter and **summer** competitions.

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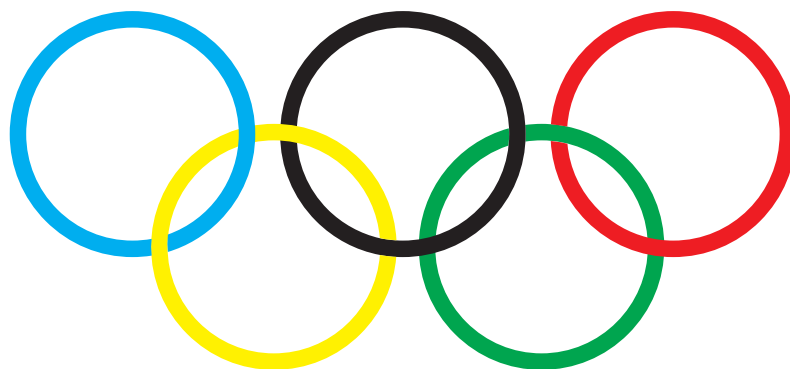
The first modern Olympic Games was in **Athens** in 1896.


Almost every nation on **earth** is represented at the **Olympic** games.

The Olympic rings are coloured blue, yellow, black, **green**, and red. The symbol was **designed** in 1913. The rings represent **five** continents. It represents the **international** nature of the Olympic movement.

An Olympic **medal** is given to the winners. Gold goes to the winner, silver to second **place**, and bronze to third. But actually, the gold medal is silver, plated with gold. The medals have a different **design** each games. They are **usually** a circle.

The United States has **hosted** the most Olympic games – eight. This includes four Summer Olympics and four **Winter** Olympics. Seven **cities** have hosted the Olympic games more than once, including Athens, **London**, and Innsbruck.



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Mercedes **Benz** has been involved in Grand Prix since 1954. Mercedes is one of the most **successful** teams in Formula One history. They won every year from **2014** to 2018.



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	Level 2

THE ENGLISH PREMIER LEAGUE

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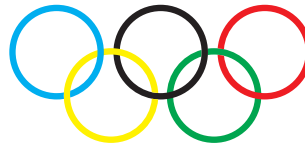
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One of these clubs won the league every from 2000-2011.





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INTO THE MATRIX

Speaker Page

Level 1

John	likes		golf
Sara	loves		fishing
Thomas	goes to		soccer
Ahmed	plays		tennis

Sara loves golf.

Thomas plays tennis.

John goes to soccer.

Ahmed plays golf.

Thomas likes fishing.

Ahmed goes to tennis.

Sara loves fishing.





John plays soccer.



INTO THE MATRIX

Recipient Page

Level 1






John	likes		golf
Sara	loves		fishing
Thomas	goes to		soccer
Ahmed	plays		tennis



INTO THE MATRIX

Speaker Page

Level 2

John	likes		golf	on Sunday
Sara	loves		fishing	in March
Thomas	goes to		soccer	on the weekend
Ahmed	plays		tennis	in September
Elisabeth	enjoys		swimming	almost every day






Elisabeth goes to soccer in March.
 John loves swimming on the weekend.
 Sara enjoys fishing almost every day.
 Thomas plays golf on Sunday.
 Ahmed plays golf in March.
 Thomas loves fishing almost every day.
 Ahmed goes to swimming in September.
 Sara likes tennis on Sunday.
 Elisabeth enjoys tennis in September.
 Sara likes soccer on the weekend.
 Ahmed enjoys fishing almost every day.




INTO THE MATRIX

Recipient Page

Level 2

John	likes		golf	on Sunday
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	INTERESTING FACTS
	Shared Page

FAMOUS ATHLETES AND HEARING LOSS

- Tamika Catchings was born hard of hearing and has worn hearing aids since she was a young girl. For 16 years, she was a pro basketball player in the Women's National Basketball Association (WNBA) in the United States. She led the Indiana Fever to a WNBA championship in 2012 and has four Olympic gold medals (2004, 2008, 2012, 2016). In 2020, she was inducted in the Women's Basketball Hall of Fame. She has said about her hearing loss "In a way it made me have to develop other areas of my game and is responsible for giving me that relentlessness and drive. It's what really helped me elevate to that next level." In 2016, she released an autobiography *"Catch a Star: Shining through Adversity to Become a Champion."*
- Jim Ryun lost 50% of his hearing during a bout with the measles when he was five years old. His family was told his type of hearing loss would not be helped by hearing aids. He was the first American high school athlete to run a 4-minute mile. He later held four world records for the mile and competed in three Olympic Games, taking home a silver medal in the 1,500-meter run in 1968. After his running career, he went into politics and was a U.S. Congressman from 1996 – 2007. At age 45, he tried on his first pair of hearing aids. He has stated "That's why I am an advocate for people to get their hearing tested. You don't realize how much you're missing, until like me, you can now hear."
- Curtis Pride was born with a profound hearing loss. He wore a hearing aid and attended special education oral classes and was mainstreamed by 4th grade. He was named a first team All-American soccer player and served as a member of the US National Team at the 1985 Junior World Cup in Beijing, China. In college, he was the starting point guard for the basketball team. In 1993, he signed with the Montreal Expos and became the first athlete who was deaf in major league baseball in almost 50 years. He played major league baseball for 11 seasons. Curtis has said: "My handicap forces me to focus better ... I can't let my mind wander." He said that it "... taught me not to quit, not to need sympathy from people or have them treat me differently." Pride and his wife are actively involved in the Together With Pride foundation, which aids hard-of-hearing children through a hearing aid bank.
- Derrick Coleman became legally deaf when he was three years old due to genetic hearing loss. He wears two hearing aids. He is the first legally deaf offensive play in America's National Football League (NFL). He has played for four major teams and was part of the Seattle Seahawks team that won the Superbowl in 2021. In talking about his hearing loss, Coleman said "Everybody, at the end of the day, we all have something in common. We all just want to have fun. We all just want to be treated equally. People say, 'Oh, you're a football player.' No, I'm myself, who happens to play football and who happens to be hard of hearing. I know my entire life I just wanted to be treated like everybody else."



INTERESTING FACTS

Shared Page

- David Smith was born with a mild to severe hearing loss. He wears hearing aids. He joined the United States national volleyball team in 2009 and was named the Best Blocker at the World Championship Qualifier the same year. From 2009 to 2012, he played professionally in Puerto Rico, Spain, and France. He is a three-time Olympian (2012, 2016, 2020) as a member of the US volleyball team. He won bronze in 2016. In talking about his hearing loss, he said "Hearing loss is part of me, and I've had to make adaptations along the way, but it hasn't stopped me from doing anything I want to do."
- James Kyte was diagnosed with hereditary hearing loss at age three. He is a Canadian who played professional hockey. He made history in 1982 by being the first and to-date, the only, National Hockey League (NHL) player who is deaf. He played for 13 seasons with five teams. He wore a customized helmet with flaps covering his ears to protect his hearing aids during games. Kyte has said, "You should be able to do anything you want to if you work hard enough at it and have the passion for it."

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