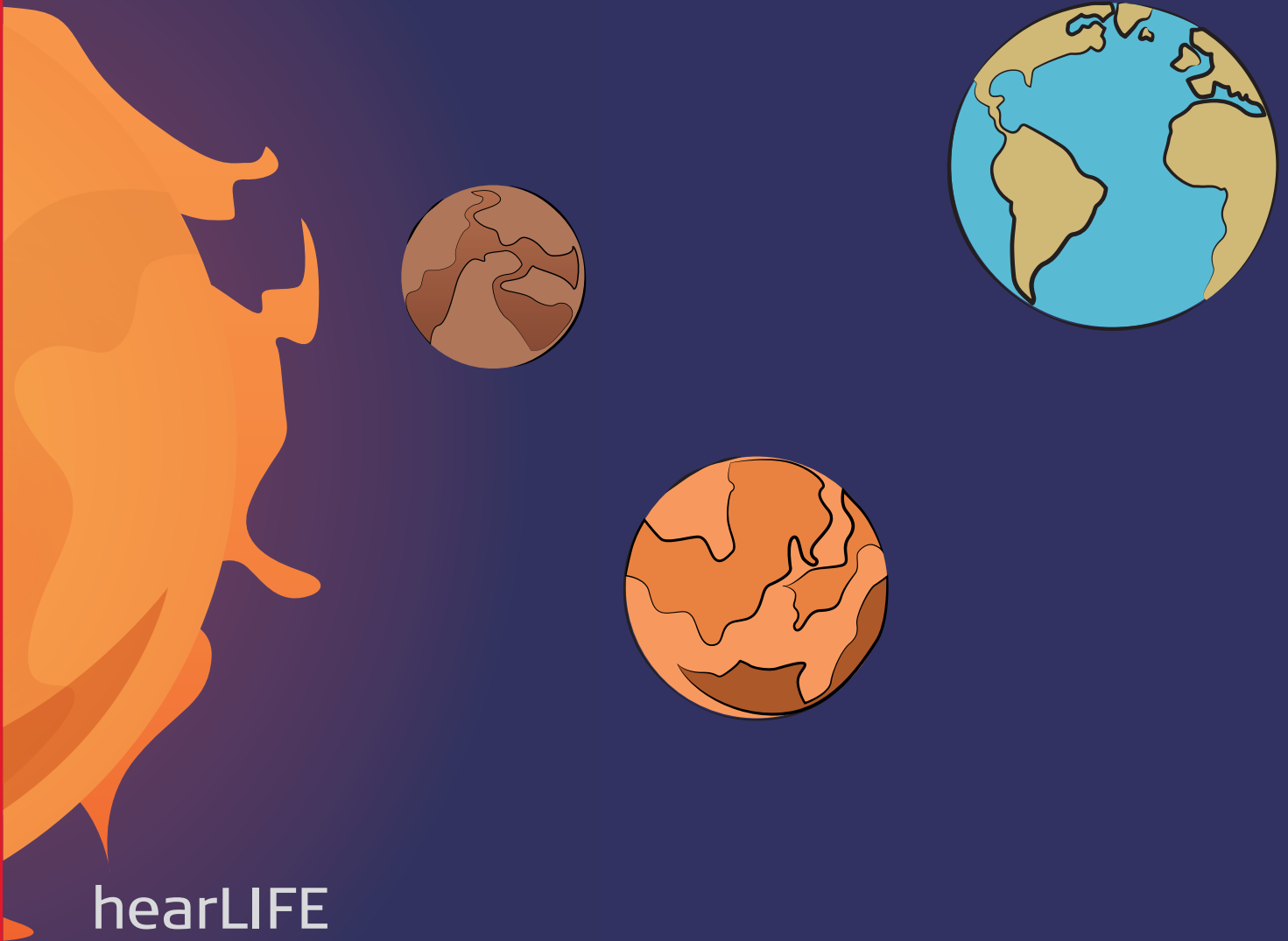


Adult Rehabilitation Kits

THE WORLD - THIRD ROCK FROM THE SUN



hearLIFE

Learn About the Adult Rehabilitation Kits

Session Plan

Includes Level 1 and Level 2

Third Rock from the Sun

- Q&A
- Making Money
- Staying on Track

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Learn About The Session Plans



indicates *auditory training* goals






indicates *auditory and cognitive processing* goals



indicates *integrating hearing into lifestyle* goals

Note: This Adult Rehabilitation Kit is for a new listener or a listener developing confidence with their hearing technology. If you are unsure where to start, simply begin at Level 1. All recipients will benefit from all activities, even if they seem simple at first. This helps build listening endurance and confidence.

How to choose a level

| |  |  |  |
|----------------|--|---|---|
| Level 1 | <p>The recipient is learning to discriminate words of differing syllable number.</p> <p>The recipient is learning to understand words when they are at the end of a sentence and when they have differing acoustic characteristics.</p> | <p>The recipient needs support with activities which involve aspects of auditory and cognitive processing. Auditory memory tasks are challenging.</p> | <p>The recipient is working along their journey to life using a hearing implant and is developing confidence in communicating in their wider world.</p> <p>Support is needed to develop communication strategies.</p> |
| Level 2 | <p>The recipient is learning to discriminate words of the same syllable number with differing acoustic characteristics.</p> <p>The recipient is learning to understand words when they are in multiple places in a sentence and when they have similar acoustic characteristics.</p> | <p>The recipient can complete some activities which involve auditory and cognitive processing.</p> | |

Tips

This material is suitable for recipients who have had their hearing device fitted or cochlear implant processor switched on for a period of two weeks or more.

Check the recipient's hearing at the beginning of every rehabilitation session using the Ling Six Sound Test.

- Find a strategy for giving the recipient instructions for each activity. You might need to write the instructions down or you can use the instructions on these pages and point to the words as you read them.
- Ensure that the recipient understands all the information that is provided throughout the session. For example, if you speak to another family member, ensure that the recipient can access what was said. It may be necessary to write it down. It is important for the recipient to be included and valued as a participant in all discussions throughout the session.
- It is often helpful to do a trial of each activity together to ensure the recipient knows what they are required to do. Building confidence in recipients is important. Remember that activities that are easy are still useful to build confidence and increase listening endurance. Do not rush to harder activities.
- When using paper or a hand to limit visual access, be sure a good auditory signal is received. Ensure the sound is not muffled by the screen.
- Remember that the activities can be tiring for the recipient. Ensure there are some breaks between activities when the recipient can relax (e.g., getting a drink of water, stretching) before beginning the next activity.
- For Hearing Lifestyle activities, easy access to information is recommended. This can be achieved by allowing access to lip-reading or by reading the information.

| Present activities | |
|---------------------|--|
| 1. LISTEN | Auditory alone (use a screen over the mouth) |
| 2. LISTEN LOOK | Auditory-visual (allow lip-reading) |
| 3. LISTEN LOOK READ | Auditory-visual + written word (allow lip-reading and reading the text) |




Easier  Harder

| CHOICES | |
|---|---|
| Small number of choices | Large number of choices |
| Answer alone | Carrier phrase with answer at the end, then in the middle |
| PRESENTATION | |
| Auditory-visual (lip-reading, reading the text) | Auditory-alone |
| Clear speech (slightly slower, well articulated) | Natural speech |
| Cue <i>ready</i> or <i>listen</i> | No cues |
| Close | At distance |
| In quiet | With background noise |
| CONTENT | |
| Common vocabulary and ideas | Unfamiliar or advanced vocabulary and ideas |
| Topic known | Topic unknown |
| Read through and practise before beginning | No read through or practise |
| Words with different syllable numbers Words with large sound differences | Words with same syllable number Words with smaller sound differences |

Date:

Name: Months Post-Implant:

| ACTIVITY | GOALS | | | | | | |
|-----------|-------|----|----|----|----|---|---|
| 6 sounds: | left | ah | oo | ee | sh | s | m |
| | right | ah | oo | ee | sh | s | m |

|  |  |  |
|---|--|--|
| <p>Q&A</p> <p>Level 1:</p> <ul style="list-style-type: none"> Identifies one- to two-word answer from semi-closed set <p>RESOURCES</p> <ul style="list-style-type: none"> Speaker Page: 7 Recipient Page: 8 <hr/> <p>Level 2:</p> <ul style="list-style-type: none"> Identifies short answer from semi-open set <p>RESOURCES</p> <ul style="list-style-type: none"> Speaker Page: 9 Recipient Page: 10 | <p>MAKING MONEY</p> <p>Level 1 and 2:</p> <ul style="list-style-type: none"> Completes a range of varying activities including identifying sentences of differing lengths and words of differing syllable number <p>RESOURCES</p> <ul style="list-style-type: none"> Speaker Page: 11 Recipient Page: 12 | <p>STAYING ON TRACK</p> <ul style="list-style-type: none"> Practises repair strategies during sentence tracking <p>RESOURCE</p> <ul style="list-style-type: none"> Shared Pages: 13-14 |

The resources may be used and shared electronically or printed for use.

ACTIVITY

2. Third Rock from the Sun

Q&A



EXPECTED OUTCOMES

Level 1:

- Identifies one- to two-word answer from semi-closed set

Level 2:

- Identifies short answer from semi-open set

There is a list of questions and answers. The recipient has the list of questions with spaces to fill in the answers.

Level 1:

1. The recipient asks the question (e.g., "How many countries are there in Africa?").
2. The speaker gives the answer.
3. The recipient finds the answer from the choices given.
4. The recipient writes down or repeats aloud the answer.

Level 2:

1. The recipient asks the question (e.g., "Which country has the most languages spoken?").
2. The speaker gives the answer.
3. The recipient writes down or repeats aloud the answer.

MAKING MONEY



EXPECTED OUTCOMES

Level 1 and 2:

- Completes a range of varying activities including identifying sentences of differing lengths and words of differing syllable number

The aim is to win an agreed amount of money. That amount can vary between 1000 and 20,000.

There is a range of activities. Easier activities win less money, harder activities win more.

1. Decide together on the amount of money aimed for.
2. The recipient chooses an amount from the grid and completes the relevant activity.
3. Keep playing until the recipient has earned the money amount wanted.

Which Country?: the speaker says the country, and the recipient identifies the correct one from the choice of two.

Fill in the Gap: the speaker says the sentence, and the recipient fills in the missing word.

Select the Word: the speaker says the word, and the recipient identifies the correct one from a choice of three.

Sentence Build Up: the speaker says the sentence, and the recipient identifies the correct one from a choice of three.

STAYING ON TRACK




EXPECTED OUTCOMES


- Practises repair strategies during sentence tracking

This is a connected discourse tracking activity.


The speaker reads the passage, one sentence at a time. The recipient repeats the sentence. If needed, the recipient uses a repair strategy to facilitate their hearing.

| | |
|---|--------------|
|  | Q&A |
| | Speaker Page |
| | Level 1 |


| | |
|---|--------------|
| How many countries are there in Africa? | 54 |
| Which continent has 90% of the world's fresh water? | Antarctica |
| What is the smallest country in Europe? | Vatican City |
| How many people visit the Great Wall of China every year? | 10 million |
| Which country has the second largest population in the world? | India |
| In which country do you find Glasgow and Edinburgh? | Scotland |
| Is Iceland covered in ice? | No |
| What is the world's highest mountain? | Mt. Everest |

| | |
|---|----------------|
|  | Q&A |
| | Recipient Page |
| | Level 1 |

| | |
|---|---|
| How many countries are there in Africa? | 54, 21, 7, 132 |
| Which continent has 90% of the world's fresh water? | Africa, Antarctica, Europe |
| What is the smallest country in Europe? | Liechtenstein, Vatican City, France |
| How many people visit the Great Wall of China every year? | 10 million, 5 thousand, 150 thousand |
| Which country has the second largest population in the world? | United States, Indonesia, India |
| In which country do you find Glasgow and Edinburgh? | Scotland, Wales, Australia |
| Is Iceland covered in ice? | Yes, No |
| What is the world's highest mountain? | Mt. Kilimanjaro, Mt. Everest, Mt. White |

| | |
|---|--------------|
|  | Q&A |
| | Speaker Page |
| | Level 2 |

| | |
|--|---|
| Which country has the most languages spoken? | Papua New Guinea (851 languages) |
| What is the official animal of Scotland? | Unicorn – a national unicorn museum is being set up |
| Which country is home to the Great Barrier Reef? | Australia |
| Which country was known as Ceylon until 1972? | Sri Lanka |
| What is the imaginary line that connects the North and South Pole called? | The Prime Meridian |
| What is the largest body of water in the world? | Pacific Ocean |
| Which ocean surrounds Antarctica? | Southern Ocean |
| What is the largest country in the world? | Russia |
| What is the biggest island in the world? | Greenland |
| What is the only country in the world named after a woman? | Santa Lucia – French soldiers landed there on the feast day of Saint Lucy |
| Which city is the only city that straddles two continents? | Istanbul, Turkey - it spans Asia and Europe |
| Which countries share the longest border in the world? | Canada and the United States |
| Which is the largest volcano in the world? | Mt. Loa in Hawaii is the largest and the most active |
| How many rivers are there in Saudi Arabia? | None |
| What European country is divided into departments? | France - it has more than 90 departments |
| What is the name of the long narrow country on the Pacific Coast of South America? | Chile - it stretches for 4370 km from North to South |

| | |
|---|----------------|
|  | Q&A |
| | Recipient Page |
| | Level 2 |

Which country has the most languages spoken?

What is the official animal of Scotland?

Which country is home to the Great Barrier Reef?

Which country was known as Ceylon until 1972?

What is the imaginary line that connects the North and South Pole called?

What is the largest body of water in the world?

Which ocean surrounds Antarctica?

What is the largest country in the world?

What is the biggest island in the world?

What is the only country in the world named after a woman?

Which city is the only city that straddles two continents?


Which countries share the longest border in the world?

Which is the largest volcano in the world?


How many rivers are there in Saudi Arabia?

What European country is divided into departments?

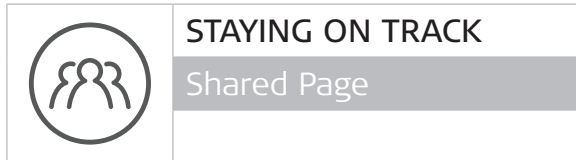
What is the name of the long narrow country on the Pacific Coast of South America?

| | |
|---|---------------|
|  | MAKING MONEY |
| | Speaker Page |
| | Level 1 and 2 |

| Amount | Which Country? Choice of two | Fill in the Gap Africa | Select the Word Antarctica | Sentence Build Up Going on a Plane |
|--------|---------------------------------|--|-------------------------------|--|
| \$500 | United States of America | The Nile is the world's longest <i>river</i> . | Iceberg | • It's a jet. |
| \$500 | Chile | The largest waterfall in Africa is the Victoria <i>Falls</i> . | Emperor Penguin | • It's a jet. |
| \$1000 | Kenya | Africa is the 2 nd largest <i>continent</i> in the world. | Antarctic Circle | • Planes use engines and fuel. |
| \$1000 | Kenya | Africa is the <i>hottest</i> continent on Earth. | Southern Hemisphere | • Planes use engines and fuel for power. |
| \$2000 | Austria | The oldest human <i>remains</i> ever were found in Ethiopia. | Ocean | • I went on a plane. |
| \$2000 | Iceland | <i>Sudan</i> is Africa's largest country. | Penguin | • I went on a plane to Delhi. |

| | |
|---|---------------------|
|  | MAKING MONEY |
| | Recipient Page |
| | Level 1 and 2 |

| Amount | Which Country? Choice of two | Fill in the Gap Africa | Select the Word Antarctica | Sentence Build Up Going on a Plane |
|---------------|---|--|--|---|
| \$500 | <ul style="list-style-type: none"> • United States of America • Chile | The Nile is the world's longest | <ul style="list-style-type: none"> • Cold • Iceberg • Emperor Penguin | <ul style="list-style-type: none"> • It's a jet. • It's a jet airplane. • It's a jet airplane on the runway. |
| \$500 | <ul style="list-style-type: none"> • United States of America • Chile | The largest waterfall in Africa is the Victoria | <ul style="list-style-type: none"> • Cold • Iceberg • Emperor Penguin | <ul style="list-style-type: none"> • It's a jet. • It's a jet airplane. • It's a jet airplane on the runway. |
| \$1000 | <ul style="list-style-type: none"> • Kenya • Canada | Africa is the 2 nd largest in the world. | <ul style="list-style-type: none"> • Highest elevation • Antarctic Circle • Southern Hemisphere | <ul style="list-style-type: none"> • Planes use engines. • Planes use engines and fuel. • Planes use engines and fuel for power. |
| \$1000 | <ul style="list-style-type: none"> • Kenya • Canada | Africa is the continent on Earth. | <ul style="list-style-type: none"> • Highest elevation • Antarctic Circle • Southern Hemisphere | <ul style="list-style-type: none"> • Planes use engines. • Planes use engines and fuel. • Planes use engines and fuel for power. |
| \$2000 | <ul style="list-style-type: none"> • Austria • Australia | The oldest human ever were found in Ethiopia. | <ul style="list-style-type: none"> • Penguin • Captain • Ocean | <ul style="list-style-type: none"> • I went on a plane. • I went on a plane to Delhi. • I went on a plane to Delhi yesterday. |
| \$2000 | <ul style="list-style-type: none"> • Ireland • Iceland | is Africa's largest country. | <ul style="list-style-type: none"> • Penguin • Captain • Ocean | <ul style="list-style-type: none"> • I went on a plane. • I went on a plane to Delhi. • I went on a plane to Delhi yesterday. |



There are 195 countries in the world. 193 countries are member states of the United Nations. Two countries are observers at the United Nations - the Holy See and Palestine.

The country with the largest population is China. Next is India, then the United States.

The smallest country in the world is Vatican City. It is in Rome and has an area of 44 hectares.

The largest country in the world is Russia. It has an area of over 17 million square kilometers.


The largest lake in the world is the Caspian Sea. Although it is called a "sea", it is actually a lake. It is the world's largest enclosed inland body of water. Lake Superior is the largest continental lake. It is between Canada and the United States.

The Earth is actually not a sphere. Gravity pushes extra water and earth into a bulge around the equator.



We feel like we are standing still on the Earth but actually, we are moving up to 1000 miles per hour. People on the equator move fastest. People on the North or South Pole are perfectly still.

According to scientists, the Earth formed 4.5 billion years ago. Life on earth arose about 4 billion years ago.

| | |
|---|-------------------------|
|  | STAYING ON TRACK |
| | Shared Page |

Here are some Repair Strategies that can be used when there is a piece of information which was not heard during the passage.

| STRATEGY | YOU COULD SAY... |
|---|--|
| Repetition | Can you say that again a bit slower? |
| | Can you say that again a bit clearer? |
| | Can you say that again a bit louder? |
| Revision | Can you make that sentence shorter? |
| | Can you make that sentence simpler? |
| | Can you break that into two sentences? |
| | Can you say that in a different way? |
| Clarification <i>You can use clarification if you heard part of the sentence</i> | I heard you say _____. I didn't hear _____ (e.g., I heard you say, "We're going to the airport", I didn't hear what time). |
| | Using a question (e.g., Where did you say the game is being held?) |
| | Using stress on a word (e.g., The blue jeans are on sale ?) |
| | Asking for specific information (e.g., The spaghetti is what?) |
| Addition | Can you tell me more about ____ ? (e.g., Can you tell me more about the movie we are going to?) |
| | Can you tell me what you meant by ___? (e.g., Can you tell me what you meant by Laundromat?) |
| Other ways to say <i>Pardon</i> | Sorry, I didn't quite catch that sentence. |
| | I didn't understand what you said then. |
| | I didn't hear that. |

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